

Week 48 - Saturday 26th May, 2018



Trinity God

Have you ever juggled? I have tried so hard, but I am totally uncoordinated. I can't even pat my head and rub my stomach at the same time!

I can juggle my time, and things I have to do, I can keep several metaphorical balls in the air at once, though I do have a tendency to come back to the desk and find something I had started but not finished. But give me three balls and ask me to juggle and I'm in a mess. I'm fine with one, not too bad with two but add the third and chaos ensues!

I don't have problems however with the Trinity – God the Father, God the Son, God the Holy Spirit; Creator, Redeemer, Sustainer – and my image of the Trinity is that beautiful flow that you get when you see a real juggler at work, the seamless way that the balls become an energy in themselves, a whole, and you cannot identify one ball, they are complete when together. So you can pray to the Father, Abba, to the Son, Jesus, or to the Spirit, and there is no jealousy or rivalry, just a way in for us to become part of this flow of energy and love.

Thinking about how I pray, I often approach God the Father and Creator in prayers of adoration and worship, thankfulness and majesty. Jesus is the one I confide in and share how I feel, and thank him for making God so visible and approachable. And the Spirit is prayed to for power and movement and energy and help. Yes I know it is deeper than that, but for me I am so thankful that God has given us these ways of coming close.

Back in October I shared about the conker and how I was able to see something of the truth of God through that amazing seed, and I am aware that God plants his seeds of love in us all, but sometimes we hide it behind a prickly outer exterior to prevent ourselves from being hurt! Thank goodness that God did not hide his love from us but poured it out upon us, just as he pours out the power of the Spirit into our lives today.

God is mystery, and we celebrate throughout the Church Year the mystery of the Creation, the Incarnation, Salvation through the Cross, and the miracle of the Resurrection. At Pentecost we celebrate the anointing and empowering of the Spirit, and we here, almost 2,000 years later, are proof of how the Spirit has kept the love of God flowing through the generations as God has been revealed to us as Father, Son and Spirit – one God.

Trinity God –

**Loving Father, Redeeming Son, Flame-dancing Spirit –
come and sweep us off our feet and surprise us with your rhythms.**

**Let us weave a pattern of love in our lives
and, like the juggler, not be afraid to let go
so that we allow the love and energy of God to flow through us
and to those around us,
yet all the time knowing we rest,
still and secure in the heart of your love.
Amen.**

Prayers for May written by Denise Creed

Picture: free image from the internet